

## Claims

1. A composition comprising at least one hydroxystilbene and at least one polyol, wherein the weight ratio of the polyol to the hydroxystilbene is at least  
5 150/1.

2. The composition according to claim 1, comprising a hydroxystilbene selected from the group consisting of:

- 4'-hydroxystilbene,
- 10 - 2',4'-dihydroxystilbene,
- 3',4'-dihydroxystilbene,
- 4,4'-dihydroxystilbene,
- 2',4',4-trihydroxystilbene,
- 3',4',4-trihydroxystilbene,
- 15 - 2,4,4'-trihydroxystilbene,
- 3,4,4'-trihydroxystilbene,
- 3,4',5-trihydroxystilbene,
- 2',3,4-trihydroxystilbene,
- 2,3',4-trihydroxystilbene,
- 20 - 2',2,4'-trihydroxystilbene,
- 2,4,4',5-tetrahydroxystilbene,
- 2',3,4',5-tetrahydroxystilbene,
- 2,2',4,4'-tetrahydroxystilbene,

- 3,3',4',5-tetrahydroxystilbene,
- 2,3',4,4'-tetrahydroxystilbene,
- 3,3',4,4'-tetrahydroxystilbene,
- 3,3',4',5,5'-pentahydroxystilbene,
- 5 - 2,2',4,4',6-pentahydroxystilbene,
- 2,3',4,4',6-pentahydroxystilbene, and
- 2,2',4,4',6,6'-hexahydroxystilbene.

3. The composition according to claim 1, comprising 3,4'5-trihydroxystilbene.

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4. The composition according to claim 1, wherein the at least one hydroxystilbene is present in a quantity of from 0.001% to 10% by weight with respect to the total weight of the composition.

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5. The composition according to claim 1, comprising a polyol selected from the group consisting of glycerine, a glycol, polyethylene glycol and their mixtures.

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6. The composition according to claim 5, comprising a polyol selected from the group consisting of polyethylene glycol, butylene-1,3-glycol and 5-[2-(4-hydroxyphenyl)vinyl]benzene-1,3-diol.

7. The composition according to claim 1, further comprising a C<sub>1</sub>-C<sub>6</sub>, alkanol.

8. The composition according to claim 7, wherein the alkanol represents up to 10% by weight of the total weight of the composition.

5 9. The composition according to claim 1, wherein said composition is in the form of an emulsion of the oil-in-water type or the water-in-oil type, a nanoemulsion, a microemulsion, an aqueous gel, an anhydrous gel, a solution, or a multiple emulsion.

10 10. The composition according to claim 1, wherein said composition is in the form of an oil-in-water emulsion formed of oily globules provided with a lamellar liquid crystal coating dispersed in an aqueous phase.

11. The composition according to claim 10, wherein the oily globules have an  
15 average diameter of less than 500 nanometers.

12. The composition according to claim 10, wherein the lamellar liquid crystal coating is a monolamellar or oligolamellar layer obtained from at least one lipophilic surface-active agent, at least one hydrophilic surface-active agent,  
20 and at least one fatty acid.

13. The composition according to claim 10, wherein the aqueous phase comprises the hydroxystilbene and the polyol in the dissolved state.

14. The composition according to claim 1, further comprising an oily phase, the oily phase comprising animal, plant, mineral, silicone, fluorinated and/or synthetic oil.

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15. The composition according to claim 14, wherein the oily phase further comprises at least one fatty alcohol or at least one fatty acid and at least one surface-active agent.

10 16. The composition according to claim 1, further comprising at least one adjuvant selected from the group consisting of preservatives, perfumes, fillers, UV filters, and skin-care agents.

15 17. A method comprising mixing at least one hydroxystilbene with at least one polyol in a weight ratio of polyol to hydroxystilbene of at least 150/1.

18. A method for the preparation of an oil-in-water emulsion comprising:

- mixing with agitation an oily phase containing a lipophilic surface-active agent, a hydrophilic surface-active agent and a fatty acid with an aqueous
- 20 phase comprising a basic agent, a polyol and a hydroxystilbene, and
- homogenizing the mixture obtained from the first step, wherein the weight ratio of polyol to hydroxystilbene is at least 150/1.

19. The method according to claim 18, wherein the homogenization is achieved either using pressures of between 200 and 1000 bars, or by ultrasound, or by use of homogenizers fitted with a rotor-stator head.

- 5 20. A method, comprising applying the composition of claim 1 to the skin in an amount effective to treat and/or prevent signs of skin aging.